

Abstract

The Iraqi society is passing through a fast developments in the different fields of life side by side with violent actions and destructions which have the dangerous reflections Overall of the society sections . These indicators are important that they lead the man to feel with Hostility towards the others , the feeling of threat and non secure environment lead to weaken the close social relations . and the existence of a man is impossible without the reaction with others in the different life activities inside society . This reaction often brings up patterns of relations which require some actions , sometimes these actions are Hostility with others .

The researcher was sure of the existence of this phenomena at the female students in the preparatory stage through directing an exploration questionnaire with teachers and instructors , the rate (84%) from their answers supported the opinion of the researcher chose to build a counseling style which is (stopping the thinking) to train female students to stop the wrong feelings related to the aggressive feeling and to face them without fear or adopt .

The current research aims to :

First : Measure the ratio of spreading the Hostility at female students .

Second : Know the effect of the guidance program (stopping the thinking) in reducing Hostility at female students which lies in the following hypotheses :

1. Knowing the differences in the Hostility at female students in preparatory (secondary) stage according to the changeable test (pre-post) for the experimental group .
2. Knowing the differences in the Hostility at female students in preparatory stage according to the changeable group (experimental – standard group) in the post test .
3. Knowing the differences in Hostility according to the changeable test (pre-post) for the standard group .

The current research is limited with female students of the preparatory and secondary schools which belong to the general Education Directory in Diala Provence in the center of Baaquba city / the morning stud (2012-2013) .

To achieve the targets and hypotheses, the researcher used the descriptive course in building the Hostility measure (scale) at female students which was comprised in final shape from (38) articles , each article contains three alternatives and they are : (always applied on me) , this got the weight (3) , (some times applied on me) this got the weight (2) and (never applied on me) this got the weight (1) , the high mark in scale refers to the high level of Hostility and the low mark to the low level .

The truth of indicators have been extracted through using the appearance truth , the content truth and the building truth ,as for the stability indicators , they were extracted by the style of half partition which were (0.85) and the retest were (0.83) .

In order to prepare a counseling program by stopping thinking due to the results of the statistical test for the sample of building the measure , (30) forms were chosen which have got the highest level in Hostility according to the prepared measure , the estimate for the needs of the female students and limited by using the probable average and weight percentage . It has stated that there are (29) items from the (38) went over the critical degree which refer to the Hostility, distributed on (12) guiding sessions by two sessions in a weak . And in order to detect about the guiding program effect by the style of stopping thinking the researcher has used the experimental course with multi style for a sample from (30) female students who got high degree in the prepared Hostility measure for this purpose , they were distributed in random way into two groups , the standard and experimental groups , 15 student for each one . To treat the data of the study , the researcher used the following statistical means : Berson relation Coefficient , T- test for two independent samples , T- test for the pair samples , analyzing the discrepancy with first class , the probable average and percentage weight .

The results of the research showed the following :

1. There is a high ration of spreading Hostility in the sample of the research , it has reached (22.25) at female students in preparatory stage and it is very high ratio which needs to be studied and continuation with the guiding interference .

2. There are differences with moral significant for the guiding program by slopping thinking in reducing the Hostility at the female students according to the changeable test (pre-post) for the experimental group in favor to the post test which means that the program was active in reducing the Hostility level .
3. There are differences with moral significant between standard and experimental groups in favor to the standard group (the high degree refers to high level of Hostility) which refers to the reducing the Hostility at the experimental group .

The researcher presented some recommendation like : get the benefit from the program in the guiding centers of schools to achieve a better level of psychological growth and help to solve thier problems , treat the problems of students sociologically and guiding fathers to do better treatment with their children .

The researcher presented some suggestions like : study the Hostility phenomena at the female students and the relations with some other changeable , design a guiding program to reduce the Hostility depending on guiding strategies and styles which differ from the current study program and making a study that shows the afficiency of the current program in reducing the Hostility at the students of other country schools .